

When it comes to practical diet and nutrition advice you can trust, Kim delivers!

Her professional accomplishments include:

- **Advanced training** in holistic nutrition therapies
- **Eleven plus years** of clinical nutrition experience, specializing in oncology
- **President** of NutriQuest, Inc., a nutrition communications company
- **Presented** the latest information on cancer and nutrition in the United States at the *2003 International Asahi Nutrition Symposium in Japan.*
- **Advisory board member** for a number of non-profit cancer organizations
- Member of the ADA's Nutrition in Complementary Care and Oncology Dietetic Practice Groups
- Has **taught physicians** "whole foods" nutritional therapy
- **Contributing author,** *Chicago Tribune, Coping with Cancer, Myeloma Today* and numerous cancer-related web sites and newsletters.

Individuals who attend Kim's presentations feel entertained, empowered and motivated to make their health goals a reality. If you think you might like Kim to "cook up something" for your next meeting or retreat, call (888) 913-9284 or visit www.challengecancer.com today!

What Kim Dalzell, PhD, RD, LD dishes up...



A dynamic speaker known for her high-energy presentations, Kim Dalzell loves to talk nutrition—and always has fun in the process! An entertaining, Dale Carnegie-trained speaker and nationally recognized expert in nutrition, Kim delivers presentations designed to help people reach their optimal health potential.

Her approach to successful nutrition education is unique and powerful. Her presentations are designed to have audiences enjoying themselves so that they are motivated to put into practice what they've learned. By combining her knowledge of clinical and complementary nutritional therapies with a pinch of common sense, she serves up a healthy dose of practical, straightforward nutrition advice. An award-winning author, Kim has also compiled her tips for a healthy diet and lifestyle into books designed to reinforce those health messages long after the presentation is over.

Kim creatively designs her presentations to meet the needs of each audience.

Her most popular topics include:

- *Challenge Cancer and Win! With Nutrition*
Kim reveals her recipe for successful cancer prevention and recovery in this "diet and lifestyle makeover" presentation.
- *From Alkaline Diets to Zen Macrobiotics*
Learn how to evaluate, respond to, and educate your patients about some of the most popular complementary nutritional therapies.

Some of the audiences who have enjoyed Kim's presentations:

- Alpena General Hospital, Michigan
- Leukemia-Lymphoma Society, Florida
- Japanese Society of Integrative Medicine, Japan
- Kanto Dietetic Association, Japan
- Norton Hospital, Kentucky
- University of Southern Indiana
- Western Suburban Dietetic Association, Illinois

Find out why others say...

"Kim is a VERY POWERFUL speaker who is INFORMATIVE and KNOWLEDGEABLE."

"She GRABS the attention of the audience and KEEPS IT throughout the presentation."

"An ARTICULATE speaker who presented WELL-SUPPORTED ideas clearly."

"Wonderful to work with and VERY ACCOMMODATING."

"Excellent, sensible, REALISTIC and REFRESHING."

Kim Dalzell, PhD, RD, LD, received her Bachelors Degree from Arizona State University, her Masters Degree from Texas Tech University and her Doctorate from Clayton College of Natural Health. She promotes the critical connection between conventional and natural nutrition therapies for wellness-oriented consumers through her company, NutriQuest, Inc.